Louisiana Harvest of the Month

Strawberry Watermelon Smoothie

Home Recipe

Serves: 2
Prep Time: 2 minutes

Ingredients

- Frozen chopped strawberries that have been frozen (see note below)
- Cubed seedless watermelon (or watermelon with the seeds removed)

Cooking Instructions

1) Chop the strawberries and then spread them on a baking sheet and freeze. This helps start the blending, especially when you have a small blender.
2) Combine equal measures of strawberries and watermelon in a blender and blend until smooth. If you want it to be thinner, add some juice from some smashed watermelon or a little cold water.
3) Pour the strawberry watermelon smoothie into glasses and serve immediately! Enjoy!

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For More Information
louisianafarmtoschool@agcenter.lsu.edu
www.SeedstoSuccess.com

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