Louisiana HARVEST of the MONTH

Strawberry Salsa

Home Recipe

Serves: 9
Prep Time: 15 minutes
Cook Time: 0 Minutes

Ingredients

- 1 pint strawberries, hulled and finely diced
- 1 jalapeno, stem and seeds removed, finely diced
- half of a small red onion, peeled and finely diced (about ½ cup)
- ⅔ cup finely-chopped fresh cilantro, loosely-packed
- juice of 1 lime, about 2 tablespoons
- pinch of salt and black pepper

Cooking Instructions

1) Toss all ingredients together until combined. Season with extra salt and pepper, if needed.

Nutrition Facts

9 Servings Per Container
Serving Size **1/4 cup (51g)**

Amount Per Serving	
Calories	**15**
	% Daily Value *
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 20mg	**0%**
Total Carbohydrates 4g	**1%**
Dietary Fiber <1g	**3%**
Total Sugars 2g	
Includes 0g Added Sugars	**0%**
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	2%
Potassium 80mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Strawberries, Lime juice, Onions, Jalapeno, Coriander leaves, Salt, Black Pepper

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