Louisiana HARVEST of the MONTH

Sheet Pan Shrimp Tacos

Home Recipe

Serves: 5
Prep Time: 10 minutes
Cook Time: 15 minutes

Ingredients

- 1 -pound uncooked shrimp, peeled and deveined
- ¼ purple onion, thinly sliced
- 2 peppers, red, orange, or yellow, seeded and cut into slices
- 2 teaspoons paprika
- 1 teaspoon chili powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- 1/2 teaspoon cumin
- ¼ teaspoon salt and pepper
- 1 lime
- 10 corn tortillas

Cooking Instructions

1) Preheat oven to 450° F. Line a baking sheet with aluminum foil or parchment paper.
2) Pat the shrimp dry (defrost if frozen first) and place on the baking sheet. Place the cut peppers and onion onto the baking sheet. You can mix the peppers and shrimp up if you wish
3) In a small bowl, mix the paprika, chili, onion, garlic, cumin, salt, and pepper. Sprinkle the spice mixture over the shrimp, peppers, and onions. Using tongs, toss the ingredients to make sure everything is coated with the spice mixture.
4) Wrap the tortillas in a piece of tinfoil.
5) Place the baking sheet and the wrapped tortillas in the oven. Place the tortillas on the oven rack.
6) Bake for 8 minutes.
7) Turn the heat to broil and broil for 3-4 more minutes until shrimp are cooked through and golden brown.
8) Remove the sheet pan from the oven, squeeze the lime over the ingredients.
9) Place the shrimp, peppers and onions inside the tortillas and add your favorite toppings.

Nutrition Facts

5 Servings Per Container

Serving Size **2 tacos (261g)**

Calories Per Serving **220**

Amount Per Serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 145mg	49%
Sodium 380mg	15%

Amount Per Serving	% Daily Value *
Total Carbohydrates 31g	11%
Dietary Fiber 5g	18%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 22g	

Vitamin D 0mcg 0% . Calcium 110mg 8% . Iron 4.1mg 25% . Potassium 580mg 10%

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