Louisiana Harvest of the Month

Asian Salad Dressing

Home Recipe

Serves: 6
Prep Time: 5 minutes

Ingredients

- 3 Tbsp rice vinegar
- 3 Tbsp toasted sesame oil
- 2 Tbsp peach or apricot preserves
- 2 Tbsp mayonnaise
- 1 Tbsp soy sauce
- 1 tsp chili powder
- ½ tsp onion powder
- Salt, to taste

Cooking Instructions

1) To make the dressing simply whisk together all the ingredients in a large bowl and season with salt to taste.

Nutrition Facts

6 Servings Per Container
Serving Size **2 tablespoons (24g)**

Amount Per Serving	
Calories	**70**
	% Daily Value *
Total Fat 6g	**7%**
Saturated Fat 1g	**4%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 220mg	**10%**
Total Carbohydrates 6g	**2%**
Dietary Fiber 0g	**1%**
Total Sugars 4g	
Includes 0g Added Sugars	**0%**
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	0%
Potassium 20mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

LSU AgCenter
Research · Extension · Teaching

For More Information
louisianafarmtoschool@agcenter.lsu.edu
www.SeedstoSuccess.com

This Institution is an equal opportunity provider.

SEEDS to SUCCESS
THE LOUISIANA FARM TO SCHOOL PROGRAM