KALE LEAF RUBBING

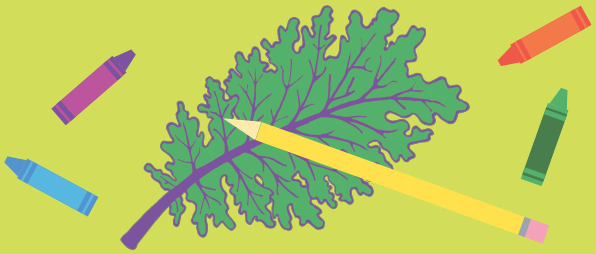
TRY THIS FUN AND SIMPLE CRAFT TO GET HANDS ON WITH KALE!

MATERIALS:

Crayons, pencils, or colored pencils

Plain white or colored paper

Several kale leaves from your favorite varieties



INSTRUCTIONS:

1. Collect several leaves of different shapes and sizes to use as patterns for your picture.
2. Put a leaf of your choice underneath a piece of paper.
3. Gently rub a crayon or pencil across the top, and you will see the pattern of the leaf appear!
4. Use different leaves with different shapes and sizes to make a beautiful collage of rubbings.
5. Hang up you new kale rubbings and have an adult show off your artwork to the kale communtiy via Facebook, Google+, and Twitter!

Activity developed by
National Kale Day Canada

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