



★ SENSORY EXPLORATION

Big Roots, Little Roots, Skinny Roots, Round Roots

OBJECTIVES:

1. Children describe the feel, smell, taste, color of assorted root vegetables.
2. Children compare the size, shape and weight of different root vegetables.

WHAT YOU MIGHT NEED:

An assortment of root vegetables of different sizes and shapes, including parsnips, rutabagas, and turnips. You could also include beets, carrots, celery root, radishes, and other root vegetables.

Chart paper, Markers, Scale

WHAT YOU MIGHT DO:

- Leave many of the root vegetables whole, so that children can explore and compare the different sizes and shapes.
 - Ask children to describe how the root vegetables are the same or different. Are they big? Small? Round? Skinny? Record their answers on chart paper.
- Have children line up the root vegetables according to their size, from smallest to largest.
- Cut a few root vegetables open so that children can explore the inside of the root vegetables.
- If you have a scale, have children predict which root vegetables will be the heaviest and the lightest. Help children weigh the different root vegetables to find out.
- Offer tastes of the raw vegetables, for those children who would like to try. Remind children that they will need to wash their hands after tasting and before continuing to explore the vegetables.
- Given children a hand stamp for exploring a new vegetable!



CLAP IT OUT

Clap out the syllables of each root vegetable you explore.

PAR-SNIP

TUR-NIP

RUT-A-BA-GA

