When we gather together,

Farm *to* School Gathering

we grow together

September 28, 2022

Pennington Biomedical Conference Center
2328 Irene Drive
Baton Rouge, LA 70808

LSU AgCenter
Research · Extension · Teaching

SEEDS to SUCCESS
THE LOUISIANA FARM TO SCHOOL PROGRAM

Welcome Attendees!

Seeds to Success: The Louisiana Farm to School team is thrilled to welcome you to the sixth annual Louisiana Farm to School conference! This year's gathering will have the same great content attendees have come to expect from our annual event – inspiring sessions, abundant resources, and knowledgeable speakers. We are grateful we can continue to connect with our stakeholders and bring them the opportunity to network, share and gain knowledge while celebrating the successes of farm to school from around the state.

This year's program is full of great information to guide you through the gathering and more! You can find the general schedule on pages four and five. The schedule includes a brief description of the sessions, the speakers, and where the session will be taking place. We have also included a checklist of exhibitors to help you keep track of which exhibits you visit. In addition, the program includes information on the 2022 Louisiana Farm to School Challenge and Great Louisiana Satsuma Peel. New this year is our Farm to School Art Contest. Share your students' artwork and enthusiasm for farm to school by submitting their artwork to be featured in our 2023 Seeds to Success Calendar! Check out pages six, seven, and eight for details and deadlines. On the back cover of the program is a QR code linking to the 2022 Louisiana Farm to School Gathering survey. In the final meeting of the day, everyone will have time to complete the survey and share their thoughts on this year's conference. **Be sure to complete your survey for a chance to win some great farm to school giveaways!**

After the gathering, all presentations from the event can be accessed by scanning the QR code or by visiting https://seedstosuccess.com/louisiana-farm-to-school-conference/.

For more information on Seeds to Success: The Louisiana Farm to School Program, visit our website at www.seedstosuccess.com and follow us on Facebook @LouisianaFarmtoSchool.

Continuing Education Credits: 2.59 Hours

0.67 for each session
1.25 for Keynote Address

USDA Professional Standards Area: 1000 (Nutrition)
Learning Objective: 1130 (Farm to School)

General Schedule

8:00 - 8:30 AM
(First & Second Floors)

Registration and Breakfast

Visit the registration table to receive your name tag and conference materials. After you check in, grab breakfast with omelets and crepes provided by LDAF's Louisiana Egg Commission, fresh fruit and bottled water donated by Rouses Markets, and orange juice and milk from Borden's Dairy.

8:30 - 10:00 AM
(Main Auditorium)

Welcome Address & Keynote

Join us as we kick off the day!

- ***Claire Zak*** *— 4-H Youth Development — LSU AgCenter*
- ***Matt Lee, PhD****— Interim Vice President — LSU AgCenter*
- ***USDA Represenative***
- ***Crystal Besse, MPH****— Program Director — Seeds to Success*
- ***Beverly Girard, PhD*** *— K-12 Culinary Team Consultant — Culinary Solution Centers, LLC*

10:00 - 10:10 AM

Transition

Take a quick break to reset for the next session!

10:10 - 10:50 AM
(Main Auditorium)

Break Out Session One

Strategies to Grow your Farm to School Program:
This session will cover how to scale your farm to school program, no matter how large or small. Learn how one parish harmonized multiple schools to scale a farm to school program parish-wide. Hear more about questions to consider and helpful resources that unlock new value to your farm to school program.

- ***Leslie Petross, RD, LDN*** *— Student Wellness Educator — Calcasieu Parish School Board*

(Meeting Room 326)

Agritourism and the Benefits of Students Visiting the Farm:
Want to know the ins and outs of agritourism? Get a behind-the-scenes view of coordinating and hosting farm tours with K-12 schools. Discover how a trip to visit a farm and meeting the farmer can be a memorable and educational day your students are sure to remember!

- ***Denise Hymel*** *— Executive Director — Fast Food Farms*

10:50 - 10:55 AM

Transition

Take a quick break to reset for the next session!

General Schedule

10:55 - 11:35 AM

(Main Auditorium)

Break Out Session Two

Connecting the Classroom to the Garden:
Hear first-hand accounts of how teachers enhance their classroom by adding an outdoor laboratory, a garden! The session will include insight into school garden experiences, using tools from Seeds to Success, and how student excitement keeps the momentum going. Discover how Master Gardeners and teachers can join forces to bring student learning to new heights through school gardens guided by knowledgeable volunteers.

- ***Haley Broussard*** *— Louisiana Ag in the ClassroomTeacher of the Year — Vermilion Parish*
- ***Carolyn Murphy*** *— STREAM Facilitator/Teacher — St. Aloysius School*
- ***Susan Teddlie****— School and Community Gardens Coordinator — East Baton Rouge Master Gardeners Association*

(Meeting Room 326)

Taste Testing with Food Safety in Mind:
Nutrition demonstrations and taste tests are a great way to teach children about food safety and trying new foods. This session will break down taste testing in step-by-step, time-saving strategies that can also help build an amazing classroom culture around fresh, local food.

- ***Judy Myhand, MS****— Senior Instructor, School of Nutrition and Food Science — Louisiana State University*
- ***Celeste Finney, MS, RDN, CDE, LDN****— Program Manager— Seeds to Success: The Louisiana Farm to School Program*

11:35 - 12:00 PM

(Main Auditorium)

Louisiana Farm to School Challenge and Great Louisiana Satsuma Peel & Closing Remarks

Return to the main auditorium to learn how you can celebrate National Farm to School Month this October and connect the dots of the day's sessions! **Be sure to complete your survey for a chance to win some great farm to school giveaways!**

12:00 - 1:00 PM

(First & Second Floors)

Exhibits & Lunch

Take this time to visit exhibitors or network with fellow attendees and speakers in the main auditorium while enjoying lunch from City Pork.

Exhibitors

Check off the exhibits that you visited!

- ☐ B & B Legacy Farms
- ☐ BREADA/Red Stick Farmers Market
- ☐ Dairy MAX
- ☐ Eat Move Grow
- ☐ EBR Master Gardeners
- ☐ Enterprise Aquatics
- ☐ Fast Food Farm
- ☐ First South Farm Credit
- ☐ Kleinpeter Farms Dairy
- ☐ Lafayette Master Gardeners
- ☐ Louisiana Ag in the Classroom
- ☐ Louisiana Department of Agriculture and Forestry (LDAF)
- ☐ Louisiana Department of Education (LDOE)
- ☐ Louisiana Department of Wildlife & Fisheries (LDWF)
- ☐ Louisiana Egg Commission
- ☐ Louisiana Fit Kids
- ☐ Louisiana MarketMaker
- ☐ LSU AgCenter Agritourism
- ☐ LSU AgCenter Healthy Communities
- ☐ LSU AgCenter Food Safety
- ☐ LSU College of Agriculture Recruitment
- ☐ Nutrients for Life Foundation
- ☐ Seeds to Success: The Louisiana Farm to School Program
- ☐ Southern University AgCenter Produce Safety
- ☐ Supreme Rice
- ☐ The Great Louisiana Satsuma Peel and Louisiana Farm to School Challenge
- ☐ Well-Ahead Louisiana

Louisiana Farm to School Challenge and Great Louisiana Satsuma Peel

In Honor of October's National Farm to School Month!

Take the Louisiana Farm to School Challenge!

We want YOU to celebrate National Farm to School Month with us! Show that you value healthy children, local food producers, and your community by taking the Louisiana Farm to School Challenge. All you have to do is sign the pledge, do at least one farm to school activity in October, then share your experience!

How the Challenge Works

Once you sign the pledge, you will receive a tool kit with ready-to-use social media images, newsletter and blog content, and a sample press release. The tool kit also includes great ideas to help you choose your activity. If you need help deciding where to start, reach out to us at louisianafarmtoschool@agcenter.lsu.edu.

The Great Louisiana Satsuma Peel

We're all familiar with delicious Louisiana satsumas. They're easy to peel, tasty, and nutritious. This delectable citrus fruit is typically in season from October through January making it an ideal local product to feature for the Louisiana Farm to School Challenge!

Join the sixth annual Great Louisiana Satsuma Peel, where Louisianans of all ages come together to enjoy peeling and eating fresh, Louisiana satsumas. You can incorporate satsumas into your farm to school celebration this October by participating in the Great Louisiana Satsuma Peel!

Help us celebrate and spread the word about farm to school in our state! Sign the pledge at https://bit.ly/3AVYC95.

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For More Information:
www.SeedstoSuccess.com
louisianafarmtoschool@agcenter.lsu.edu

SEEDS to SUCCESS
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Seeds to Success:
The Louisiana Farm to School Art Contest

Help us celebrate Farm to School Month and Louisiana Agriculture! Have your students create artwork for the 2023 Louisiana Farm to School Calendar, which features fun facts about agriculture in our state. **Artwork should feature Louisiana Agriculture**.

THIRTEEN entries will be chosen to illustrate the 2023 Louisiana Farm to School calendar. All Louisiana public and private school students in grades Kindergarten through Twelve are eligible to participate. The Louisiana Farm to School Art Contest will begin on October 1 and submissions will be accepted until November 15.

Entry Details

Artwork entries MUST reflect the theme of **"What Farm to School Means to Me."** Below are a few suggested ideas:

- **Showcase fresh, local food from seed to plate**
  This could be celebrating the Satsuma Peel, a taste test, or sharing a meal. Celebrate your school or cafeteria heroes

- **Illustrate growing or enjoying a farm or garden**
  Artwork may include farm visits, sprouting seedlings, transplanting, harvesting, or having fun.

- **Celebrate your food cultures, learning about food and agriculture, or participating in a farm to school activity**
  This could include how food and agriculture shape the way people live, feel and connect with their families and communities.

Students' artwork must be original and done completely by the student. Do not use ruled notebook paper.

Markers, crayons, watercolor, ink, pencil, acrylic, tempera paint, chalk (spray with sealant) or colored pencils can be used. Mixed media art is acceptable. **No 3-dimensional art (unless flat), paint-by-number, commercial art kit, or computer-generated art.**

Words included on the art must be spelled correctly and legible, or work will be disqualified. Student names should not be written on the front. The theme does not need to be written on the artwork. Do not write on the backside with a marker or pen as it will show through when scanned and may cause the artwork to be disqualified.

SIZE: Entries must be 11 x 8.5 inches or 9 x 12 inches. HORIZONTAL (Landscape) pictures only.

Entries must be flat. Do not fold, matte, mount, laminate or frame art. Use of cartoon characters and logos is not acceptable.

Entry Submissions

All entries must be **received (not postmarked) by November 15, 2022.** Only one entry per artist. There is no limit to the number of entries per school.

Original artwork may be mailed in by either the teacher or parent. If mailing in entries, an official entry form or copy MUST be completed and securely taped to the back of each entry. Please do not staple or glue forms to artwork. Make sure each entry is filled out completely and that writing is legible. Artwork will not be returned. You can find entry forms in the complete 2022 Louisiana Farm to School Challenege Tool Kit when registering at https://bit.ly/3AVYC95.

Mail artwork to:
LSU AgCenter
LA Farm to School Program
Attn: Crystal Besse
104 Sturgis Hall
Baton Rouge, LA 70803

Judging

Three winners will be selected within four grade groups: K-2, 3-5, 6-8, and 9-12.

Teachers will be notified of the results **by December 2022**.

Awards

A certificate of participation will be emailed to teachers for them to complete and distribute to all students who enter. The top three winners from each grade group and one Best of Show will be selected. These thirteen students will receive a $20 gift card and their artwork will be featured in the 2023 Louisiana Farm to School Calendar. Winners, finalists and honorable mentions will appear on www.seedstosuccess.com.

The Calendar

All teachers who have student entries will receive a copy of the 2023 calendar. School Nutrition Directors will be given the opportunity to pre-order calendars for their school district before January. Every effort will be made to meet requests, but quantities are limited. Additional calendars will be available through LSU AgCenter on a first-come, first serve basis.

Questions?

If you have questions, please email cbesse@agcenter.lsu.edu or louisianafarmtoschool@agcenter.lsu.edu.

All entries will become the property of the LSU AgCenter and will not be returned. LSU AgCenter reserves the right to publish entries in future publications without additional compensation, in any manner and at its sole discretion in all advertising materials. A parent/guardian of winning artists will be asked to sign a consent form for art to be used. If a consent form is not signed in a timely manner, another entry will be chosen in its place and any award will be forfeited.

We cannot wait to see your entries and hope this contest inspires you to capture and share your best farm to school moments with the world!

Thank You to Our Exhibitors!

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First South Farm Credit

Enterprise Aquatics

Bread A Est. 1996

Red Stick Farmers Market

B&B Legacy Farms, LLC

Supreme Rice

Fast Food Farm

Kleinpeter

Eat Move Grow

Louisiana Festival of Flavors

Louisiana Master Gardener™
An educational program of the LSU AgCenter

SU Ag Center
Southern University Agricultural Research & Extension Center
™

LA Fit Kids

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Seeds to Success: The Louisiana Farm to School Program would like to thank our partners for their continued support and contributions, without which this program would not be possible.

Food4All

Louisiana 4-H

Louisiana Department of Agriculture and Forestry

Louisiana Department of Education

Louisiana Department of Health

Louisiana Farm Bureau Federation

Louisiana Farm to School Network

Louisiana Sea Grant

Louisiana State University Agricultural Center Extension

Louisiana State University School of Nutrition and Food Sciences

Louisiana State University School of Education

LSU AgCenter Healthy Communities

Market Umbrella

Pennington Biomedical Research Center

SPROUT NOLA

Southern University

USDA Farm to School

Additional thanks to the farmers and producers who feed our communities every day and to Pennington Biomedical Research Center for helping plan and set up this event.

Notes

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Share your thoughts on this years conference by scanning the QR Code (paper copies are available). **Be sure to complete your survey for a chance to win some great farm to school giveaways!**

This publication was supported by the Louisiana Farm to School Program at the LSU AgCenter through an inter-agency agreement with the Louisiana Department of Education through USDA funds. This institution is an equal opportunity provider.

www.SeedstoSuccess.com