






SEEDS to SUCCESS

THE LOUISIANA FARM TO SCHOOL PROGRAM






Table 1. RECOMMENDED BEET AND CARROT VARIETIES FOR LOUISIANA





Image	Variety Name	Description	Days to Harvest* & Size	Resistance
Beet				
	Bull's Blood	Deep burgundy leaves and roots; candy-striped roots when sliced; great for beet greens; flavorful and tender as baby beet; tolerates low light, heat, and cold; French heirloom variety	58-60 days (35 days for baby leaf)	
	Chioggia	Green tops; medium height; scarlet-pink striped roots; very flavorful; early maturing and vigorous; good shelf life; Italian heirloom variety	52-60 days 3-4" diameter	
	Cylindra	Large green tops good for bunching; burgundy cylindrical roots; tender and sweet; Danish heirloom variety	54-56 days 5-6" long 2" diameter	Cercospora leaf spot, scab



	<p>Detroit Dark Red</p>	<p>Round, dark red roots with strong tops; uniform and flavorful; good shelf life; adaptable heirloom variety</p>	<p>55-65 days 3" diameter</p>	<p>Downy mildew, late blight</p>
	<p>Early Wonder Tall Top</p>	<p>Large, vigorous green tops with red veins for bunching; slightly flattened dark red roots; great for beet greens; very productive heirloom variety</p>	<p>45-55 days (35 days baby leaf, 45 full size leaf) 3-4" diameter</p>	<p>Foliar diseases</p>
	<p>Golden or Yellow Detroit</p>	<p>Vibrant orange-yellow roots with green leaves; productive; open-pollinated</p>	<p>55 days 3" diameter</p>	<p>Cercospora leaf spot, scab</p>
	<p>Green Top</p>	<p>Bright red roots with flavorful greens; productive; open-pollinated</p>	<p>52 days 3" diameter</p>	
	<p>Kestrel</p>	<p>Deep red globe roots; semi-glossy, tall tops; sweet and uniform; good shelf life; heat tolerant hybrid</p>	<p>55 days 3-4" diameter</p>	<p>Cercospora leaf spot, downy mildew, powdery mildew, Rhizoctonia root and crown rot</p>

	Pacemaker III	Medium, smooth red roots; tall, glossy green tops; flavorful; adaptable to hot and humid regions; heat and drought tolerant hybrid	53 days 3" diameter	Cercospora leaf spot, powdery mildew, Rhizoctonia root and crown rot
	Red Ace	Medium, strong green tops with red veins for bunching; uniform red roots; sweet and tender; reliable, adaptable and early maturing; good shelf life; productive hybrid	50-60 days 3" diameter	
	Red Cloud	Dark red, large roots; very flavorful and sweet; smooth and vigorous; heat tolerant; hybrid	50-53 days 3" diameter	
	Ruby Queen	Dark red, round roots; smooth, tender and sweet; productive and adaptable; open-pollinated	52-55 days 3" diameter	
	Solo	Dark red, uniform and round roots; dark green tall tops; sweet; hybrid	50-55 days 3-4" diameter	Cercospora leaf spot, powdery mildew, Rhizoctonia root and crown rot

Carrot

	<p>Chantenay Red Core</p>	<p>Blocky, broad-shouldered, deep orange roots; adaptable French heirloom Chantenay type variety</p>	<p>65-70 days 5.5" long, 2.5" diameter</p>	
	<p>Danvers 126</p>	<p>Bright orange, conical, tapered roots; strong tops; sweet and resists splitting; reliable, adaptable, productive and heat tolerant; Danvers type; open-pollinated</p>	<p>70-75 days 6-7" long, 2" diameter</p>	
	<p>Deep Purple</p>	<p>Dark purple, tapered root; tall, strong, healthy tops; sweet and flavorful; Emperor type hybrid</p>	<p>73 days 7-8" long</p>	
	<p>Imperator</p>	<p>Orange-red, coreless roots; sweet, crisp and tender; hybrid</p>	<p>74 days 7-9" long</p>	
	<p>Mokum</p>	<p>Slender orange roots; short tops; very flavorful, sweet, and tender; early maturing; adaptable and tolerant to warm weather; early Nantes type hybrid</p>	<p>54 days (36 days baby)</p>	

	<p>Nantes Fancy</p>	<p>Dark orange roots with blunt ends; smooth and crisp; good shelf life; productive Nantes type hybrid</p>	<p>68 days 5-8" long</p>	<p>Alternaria leaf spot</p>
	<p>Purple Haze</p>	<p>Dark purple, tapered root with bright orange interior; medium-short tops; very flavorful; Imperator type hybrid</p>	<p>73 days 7-8" long</p>	
	<p>Scarlet Nantes</p>	<p>Bright red-orange, cylindrical roots; small tops for bunching; fine texture and small core; adaptable French heirloom Nantes type variety</p>	<p>65-70 days 6-8" long, 1.5" diameter</p>	
	<p>Sugarsnax 54</p>	<p>Dark orange, tapered, slender roots; strong, medium tops; smooth, sweet, and tender; hybrid</p>	<p>68 days 9-10" long</p>	<p>Alternaria blight</p>

	Thumbelina	Miniature, round, orange root; tender, very flavorful and productive; good shelf life; open-pollinated	60 days 1-2" globe	
	Yellowbunch	Bright yellow roots with strong tops; uniform; Imperator type hybrid	75 days 7.5-8" long	Alternaria blight

Notes: *From seed to harvest

Table varieties selected from recommendations from LSU AgCenter, UF Extension, Texas A&M Extension, and Southeastern U.S. Vegetable Crop Handbook. Variety descriptions compiled from Southern Exposure Seed Exchange, High Mowing Organic Seeds, Johnny's Selected Seeds, Sow True Seed, All-America Selections, Reimer Seeds, Hoss Tools, and Seedway.

Other recommended varieties for Louisiana include:

Beet: Bohan, Centurion, Chariot, Scarlet Supreme

Carrot: Apache, Choctaw, Enterprise, Maverick, Navajo, Nelson