

Louisiana HARVEST of the MONTH

Honey Lemon Vinaigrette

Home Recipe

Serves: 4
Prep Time: 5 minutes
Cook Time: 0 Minutes

Ingredients

- 1 Tbsp., plus 2 tsp fresh lemon juice
- 1 tsp finely grated lemon zest
- 1 Tbsp honey
- ¼ cup extra-virgin olive oil
- Salt and freshly ground pepper to taste

Nutrients Per 1 Tbsp. Serving

• Calories	160
• Total Fat	15 g
• Saturated Fat	2 g
• Cholesterol	0 mg
• Sodium	0 mg
• Carbohydrates	5 g
• Dietary Fiber	0 g
• Protein	0 g
• Calcium	1 mg
• Potassium	8 mg

Cooking Instructions

- 1) In a small bowl, whisk the lemon juice with the lemon zest, and honey. Whisk in the olive oil. Drizzle over salad and toss. Season with salt and freshly ground pepper.

